  const [val, setVal] = useState<string>('admin')

const [val, setVal] = useState<number>(456)

  const [val, setVal] = useState<boolean>(true)

in case of object

interface IUser {

  nm:string,

  sal:number,

  id:number

}

 const [val, setVal] = useState<IUser>({nm: 'Harry', sal:2455, id:44 })

in case of array

interface IItem {

  itemId: number,

  itemNm: string

}

const [arrayVal, setArrayVal] = useState<IItem[]>([])